

Kohala High School

Course Catalog

SY 2022-2023



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All Courses

Course Name	ACCN	Credit	Credit Type	Notes	Page #
AEC 112	ZTA1120	1	Elective	Early College Course	27
Algebra 1	MAX1155	1	Math		14
Algebra 2	MAX1200	1	Math		14
AP Calculus	MCA1040	1	Math		15
AP Computer Science A	ECS9500	1	Elective	4th Math Credit for Honors	22
AP Computer Science Principles	ECS9800	1	Elective	4th Math Credit for Honors	22
AP Statistics	MCA1050	1	Math		15
Baking/Pastry Arts	TPN7316	1	Elective		23
BIOL 100	ZSB1000	1	Science	Early College Course	17
Biology 1	SLH2203	1	Science		16
Body Conditioning 1A	PBP1110	0.5	PE		23
Body Conditioning 1B	PBP1120	0.5	PE		23
Body Conditioning 2A	PBP1130	0.5	PE		23
Body Conditioning 2B	PBP1140	0.5	PE		23
Ceramics 1	FVL1000	1	Fine Arts		20
Ceramics 2	FVL2000	1	Fine Arts		20
Chemistry	SPH3503	1	Science		17
Chorus 1	FMC1000	1	Fine Arts		20
College Prep Skill	TGG1011	1	Elective		23
Culinary 1	TPU7216	1	CTE		32
Culinary 2	TPN7223	1	CTE		32
Design 1	FVK1000	1	Fine Arts		20
Drawing and Painting 1	FVQ1000	1	Fine Arts		20
ENG 100	ZLS1001	1	ELA	Expository Writing 1, Early College Course	10
ENG 102	ZLS1020	1	Elective	Summer 2022, Early College Course	27

All Courses

Course Name	ACCN	Credit	Credit Type	Notes	Page #
English Language Arts 1 (Gr 9)	LCY1010	1	ELA		9
English Language Arts 2 (Gr 10)	LCY2010	1	ELA		9
English Language Arts 3 (Gr 11)	LCY3010	1	ELA	Expository Writing 1	9
English Language Arts 4 (Gr 12)	LCY4010	1	ELA	Expository Writing 1	9
Ent. WkBase Learn	TBE4100	1	CTE		28
Entrepreneurship 1	TBE2000	1	CTE		28
Entrepreneurship 2	TBE3000	1	CTE		28
Environmental Science	SIH3603	1	Science		16
Financial Literacy	XFL1010	0.5	Elective		23
Food Prod & Process Systems 1	TAD3000	1	CTE		31
Food Prod & Process Systems 2	TAD4000	1	CTE		31
Food Systems WkBase Learn	TAD4100	1	CTE		32
Found of Ag Food & NR	TAO1000	1	CTE		31
Foundation of Business & Marketing	TBB1000	1	CTE		28
Foundations of Cons	TCF1000	1	CTE		29
Foundations of Law & Public Safety	TLL1000	1	CTE		30
Geometry	MGX1150	1	Math		14
HAW 101	ZWP9010	1	Language	Early College Course	19
HAW 102	ZWP9020	1	Language	Early College Course	19
Hawaiian I	WPH1100	1	Language		18
Hawaiian II	WPH2100	1	Language		18
Health - Today and Tomorrow	HLE1000	0.5	Health		21
Human Physiology	SLH7503	1	Science		16
HWST 100	ZCH1000	1	SS	Early College Course	12
HWST 105 (DOE: 107)	ZCH1070	1	SS	Early College Course	12

All Courses

Course Name	ACCN	Credit	Credit Type	Notes	Page #
Integrated Science	SAH2003	1	Science		16
Intro to Computer Science	EXS1300	1	Math		22
Introduction to College Mathematics	MIC1200	1	Math		15
Law Enforcement Services 1	TLE2000	1	CTE		30
Leadership Training (Ambassador)	XLP1015	1	Elective		24
Math 100	ZMR1000	1	Math	Early College Course	15
Modeling Our World 1	MAX1080	1	Math		13
Modeling Our World 2	MAX1180	1	Math		13
Modern History of Hawaii	CHR1100	0.5	SS		11
Participation in Democracy	CGU1100	0.5	SS		11
Personal Transition Plan	TGG1105	0.5	PTP		
Physical Education Lifetime Activities	PEP1010	0.5	PE		21
Physical Education Lifetime Fitness	PEP1005	0.5	PE		21
Physics	SPH5603	1	Science		17
Piano 1	FMK1000	1	Fine Arts		20
Piano 2	FMK2000	1	Fine Arts		20
Pre-Calculus	MCX1020	0.5	Math		14
Psychology	CSD2200	0.5	SS		12
PSY 100	ZCD1001	1	SS	Early College Course	12
R&C Cons 1	TCR2000	1	CTE		29
R&C Cons 2	TCR3000	1	CTE		29
R&C Wk Based Learn	TCR4100	1	CTE		29
Reading Workshop	LRH8105	0.5	Elective		26
School Service Non-Cr	XTH4001	0	None		25
Sociology	CSD2300	0.5	SS		12
SP 151	ZLV1511	1	Elective	Early College Course	27

All Courses

Course Name	ACCN	Credit	Credit Type	Notes	Page #
Spanish 1	WES1000	1	Language		18
Spanish 2	WES2000	1	Language		18
SSci 111	ZCS1110	1	Elective	Early College Course	27
Strategic Reading	LRH8205	0.5	Elective		26
Transition To High School	TGG1103	0.5	Elective		24
Trigonometry	MCX1010	0.5	Math		14
US History and Government	CHU1100	1	SS		11
Work Based Learn	TGG1500	0.5	Elective		25
Work Based Learn (Cons. Projects)	TGG1500	1	Elective		24
World History and Culture	CHW1100	1	SS		11
Writing Workshop A	LWH8101	0.5	Elective		26
Writing Workshop B	LWH8102	0.5	Elective		26
Yearbook Prod 1	XYY8610	1	Elective		26
Yearbook Prod 2	XYY8630	1	Elective		26
Yearbook Prod 3	XYY8650	1	Elective		26
Zoology	SLH6503	1	Science		17

Hawaii Department of Education

Graduation Requirements

Course Requirements	Hawaii High School Diploma
English	4.0 credits including: <ul style="list-style-type: none"> ● English Language Arts 1 (1.0 credit); and ● English Language Arts 2 (1.0 credit); and ● Expository Writing** (0.5 credit); and ● ELA Basic electives (1.5 credits)
Social Studies	4.0 credits including: <ul style="list-style-type: none"> ● U.S. History and Government (1.0 credit), and ● World History and Culture (1.0 credit); and ● Modern History of Hawai'i (0.5 credit); and ● Participation in a Democracy (0.5 credit); and ● Social Studies basic elective (1.0 credit)
Mathematics	3.0 credits including: <ul style="list-style-type: none"> ● Algebra 1 (1.0 credit); and ● Geometry (1.0 credit); and ● Mathematics basic elective (1.0 credit)
Science	3.0 credits including: <ul style="list-style-type: none"> ● Biology 1 (1.0 credit); and ● Science basic electives (2.0 credits)
World Language, Fine Arts, or Career & Technical Education (CTE)/JROTC)	2.0 credits in one of the specified programs of study <ul style="list-style-type: none"> ● World Language (2 credits in one language) ● Fine Arts (credits do not need to be in a single discipline) ● CTE (2 credits in a single career pathway)
Physical Education	1.0 credit including: <ul style="list-style-type: none"> ● Physical Education Lifetime Fitness (0.5 credit) ● Physical Education basic elective (0.5 credit)
Health	0.5 credit: Health Today & Tomorrow
Personal Transition Plan	0.5 credit
Electives	6.0 credits
TOTAL	24.0 Credits

Hawaii Department of Education

Honors Recognition Certificate Requirements

In addition to meeting the requirements for the Hawaii High School Diploma, the following must be met with a **cumulative GPA of 3.0 or above** for a honors recognition certificate in one or more of the following:

Academic Honors	<p>4 credits of Math; must include:</p> <ul style="list-style-type: none"> ● 1 credit Algebra 2 ● 1 credit beyond Algebra 2 (Algebra 3, Trigonometry, Analytic Geometry, Precalculus, Probability, Statistics, Introduction to College Mathematics, Calculus, AP Calculus, AP Computer Science A, AP Computer Science Principles, IB Math Studies, or IB Math Standard Level, or equivalent Running Start math courses) <p>4 credits of Science; must include</p> <ul style="list-style-type: none"> ● 1 credit Biology 1 or equivalent IB Biology; or AP Biology courses <p>2 credits from AP/IB/Running Start courses</p> <ul style="list-style-type: none"> ● Equivalent to credits for two college courses
CTE Honors	<p>Completes Program of Study (2-3 courses in sequence)</p> <ul style="list-style-type: none"> ● Earn a B or better in each required program of study (coursework) ● Meet or exceed proficiency on performance-based assessments for corresponding program of study.
STEM Honors	<p>4 credits of Math; must include:</p> <ul style="list-style-type: none"> ● 1 credit Algebra 2 ● 1 credit beyond Algebra 2 (Algebra 3, Trigonometry, Analytic Geometry, Precalculus, Probability, Statistics, Introduction to College Mathematics, Calculus, AP Calculus, AP Computer Science A, AP Computer Science Principles, IB Math Studies, or IB Math Standard Level, or equivalent Running Start math courses) <p>4 credits of Science; must include</p> <ul style="list-style-type: none"> ● 1 credit Biology 1 or equivalent IB Biology; or AP Biology courses <p>Successful completion of a STEM Capstone Project</p>

Grade Point Average

This cumulative grade point average applies to all graduates.

- Cum Laude with a GPA of 3.0 to 3.5
- Magna Cum Laude with a GPA of 3.5+ to 3.8, and
- Summa Cum Laude with a GPA of 3.8+ and above.

Valedictorian Designation (Valedictorians will be named after the third quarter)

Graduating seniors will be declared valedictorian if the following criteria are met:

- GPA of 4.0; and
- Earned and met the requirements of one of the Honor Recognition Certificates.

English Language Arts Courses

English Language Arts 1 - Grade 9 (1.0 credit)

Approximately every **four weeks**, **reading** and **writing** sections will switch classrooms and teachers with each other. This will allow students to gain valuable insight and understanding through a focused curriculum. Reading classes will include both informational and literary texts. Writing classes will focus on CER (Claim, Evidence, Reasoning), narrative, argument, and informative writing styles. The study of language is included in both reading and writing classes and focuses on how it is used in relevant contexts and how it is used to structure perceptions and experiences. In both sections, students will be required to demonstrate speaking and listening skills. **Students must pass BOTH sections in order to receive an overall passing grade in ELA 9.**

English Language Arts 2 - Grade 10 (1.0 credit)

Approximately every **four weeks**, **reading** and **writing** sections will switch classrooms and teachers with each other. This will allow students to gain valuable insight and understanding through a focused curriculum. Reading classes will include both informational and literary texts. Writing classes will focus on CER (Claim, Evidence, Reasoning), narrative, argument, and informative writing styles. The study of language is included in both reading and writing classes and focuses on how it is used in relevant contexts and how it is used to structure perceptions and experiences. In both sections, students will be required to demonstrate speaking and listening skills. **Students must pass BOTH sections in order to receive an overall passing grade in ELA 10.**

English Language Arts 3 - Grade 11 (1.0 credit)

Approximately every **four weeks**, **reading** and **writing** sections will switch classrooms and teachers with each other. This will allow students to gain valuable insight and understanding through a focused curriculum. Reading classes will include both informational and literary texts. Writing classes will focus on CER (Claim, Evidence, Reasoning), narrative, argument, and informative writing styles. The study of language is included in both reading and writing classes and focuses on how it is used in relevant contexts and how it is used to structure perceptions and experiences. In both sections, students will be required to demonstrate speaking and listening skills. **Students must pass BOTH sections in order to receive an overall passing grade in ELA 11.**

English Language Arts 4 - Grade 12 (1.0 credit)

Approximately every **four weeks**, **reading** and **writing** sections will switch classrooms and teachers with each other. This will allow students to gain valuable insight and understanding through a focused curriculum. Reading classes will include both informational and literary texts. Writing classes will focus on CER (Claim, Evidence, Reasoning), narrative, argument, and informative writing styles. The study of language is included in both reading and writing classes and focuses on how it is used in relevant contexts and how it is used to structure perceptions and experiences. In both sections, students will be required to demonstrate speaking and listening skills. **Students must pass BOTH sections in order to receive an overall passing grade in ELA 12.**

English Language Arts Courses

Early College Courses

ENG 100 (1.0 HS credit; 3.0 college credits) (Semester Course)

Composition 1

Instruction and practice in writing clear, effective university-level prose. Attention to all stages of the process—generating ideas, drafting, revising, and editing

Open to Juniors & Seniors ONLY

Social Studies Courses

World History & Culture - Grade 9 (1.0 credit)

This course examines the human experience from 1450 to the present. This foundational course provides a basis for active participation in our global community. It examines diverse perspectives, encourages diverse interpretations and builds historical empathy by exploring global conflict and cooperation. Students will engage in historical inquiry focusing on the historic, technologic, socio-political, geographic, and economic development of civilizations. Students examine decisions, events, and ideas of the past to make informed judgments about the world today.

US History and Government - Grade 10 (1.0 credit)

This course examines the United States through the lens of democracy, conflict and cooperation, diversity and unity, and the effect of economic concepts including interdependence, limited resources, and functions of markets (by conducting a Stock Market Game simulation). Students will learn to recognize bias, judge the past on its own terms, not by present day or current standards, to understand people in the context of the time period they lived in and to understand that ideas are constantly changing. Students will examine and develop their own beliefs and compare them to key ideas, events, people, and movements in the United States, so they can develop their own personal, national, and world views necessary to make informed decisions to participate in society. Students will use the tools and methodologies used by social scientists to conduct their inquiries.

Modern History of Hawaii - Grade 11 (0.5 credit)

This course examines the technological and multi-cultural development of modern Hawaii and how the decisions of the past account for and impact present circumstances. This course examines contemporary Hawaii, engages students in in-depth historical inquiry focusing on the historic, geographic, socio-political, and economic structures in the context of the complex interactions and interrelationships that have shaped and continue to influence major decisions facing Hawaii. Students will use the tools and methods of social scientists to conduct their inquiry and study.

Participation in Democracy - Grade 11 (0.5 credit)

This course provides opportunities for students to actively engage in civic discourse and participation. It engages students in the examination of government, political activity, contemporary issues, decision-making and the democratic process. This course focuses on the principles, values and ideals of American constitutional government, global interactions and interconnections, and issues and roles of American citizens. Students are expected to take an active role as citizens and use the tools and methods of social scientists in their inquiry.

Social Studies Courses

Psychology - Grade 12 (0.5 credit)

This course helps students to understand the physiological and psychological basis for human behavior. Students explore the differences between theory and facts that cannot be proven scientifically, in the context of human behavior. This course also focuses on examining research methods in psychology, exploring different learning theories, and understanding aspects of behavior disorders.

Sociology - Grade 12 (0.5 credit)

Sociology emphasizes inquiry using sociological methodologies and practices. Students will identify what makes up culture, and analyze how culture influences behavior. It is designed to focus on the understanding of relationships among cultures, cultural change, and social institutions and conditions.

Early College Courses

HWST 100 (1.0 HS credit; 3.0 college credits) (Semester Course)

Piko Hawai'i: Connecting to Hawai'i Island

Piko Hawai'i is central to understanding the cultural significance of our island home. Explore and connect with wahi pana (significant places) of Hawai'i Island. Develop a cultural relationship with its sacred geography and people

Open to Sophomores, Juniors & Seniors ONLY

HWST 105 (1.0 HS credit; 3.0 college credits) (Semester Course)

Mea Kanu Hawai'i: Hawaiian Plant Culture

Hawaiian cultural uses and functions of Hawai'i's plants. Examines cultural knowledge and insights linked to perspectives of ceremony, clothing, food, medicine, shelter, sustainability and other cultural practices.

Open to Sophomores, Juniors & Seniors ONLY

PSY 100 (1.0 HS credit; 3.0 college credits) (Semester Course)

Survey of Psychology (Introductory)

Principles of human behavior, individual difference, motivation, emotion, perception, learning.

Open to Juniors & Seniors ONLY

Mathematics Courses

Modeling Our World 1 (1.0 credit)

Students will master skills in basic addition, subtraction, division, multiplication, and apply those functions to design physical objects they build. Worksheets and repetition with math skills are required to master basic math concepts and math quizzes will assess basic math ability. Math based building and measuring projects are the main portion of class time. The course focuses upon the use of modeling to create real-world learning situations. The application and creation of mathematical equations engages students in learning experiences that relates classroom mathematics to everyday life and decision-making. The content of the course focuses upon the use of basic mathematical modeling with linear and exponential functions.

Modeling Our World 2 (1.0 credit)

The course focuses upon the use of modeling to represent mathematical and real-world contexts. The course is intended to be taken prior to Algebra II, to provide supplemental learning opportunities for students needing additional support to be successful in Algebra II. Significant focus of this course is related to linear functions and basic geometry concepts such as pythagorean theorem, perimeter, area, and distance.

Prerequisite- Geometry

Mathematics Courses

Algebra 1 (1.0 credit)

This course will guide you in applying algebraic concepts that exist everywhere in daily life. Focus is on modeling with functions, solving equations/systems of equations, inequalities, and analyzing data. We will involve soft skills like collaboration, and professional skills like problem solving, conceptual understanding, and fluency with procedures to support any future career.

Geometry (1.0 credit)

This course follows the successful completion of Algebra I. Foundational skills from Algebra I include solving equations and a basic understanding of the coordinate plane and linear functions. Geometry will spend a lot of time looking at triangles and properties that result from the intersections of lines, rays, and segments. Key elements are the pythagorean theorem, area, volume, similarity and congruence. This is a required course for high school graduation.

Prerequisite- Algebra 1

Algebra 2 (1.0 credit)

The Algebra 2 course prepares students for higher-level mathematics courses in college and STEM careers by extending the algebraic skills and knowledge developed in Algebra 1B through exploring the real number system in greater depth, providing exposure to various algebraic techniques, and developing the concept of function, including graphing techniques and inverse functions. This course includes the following topics: quadratic relations and systems, polynomial equations, exponents and logarithms, sequences and series, matrices and determinants, and permutation and combinations.

Prerequisites- Algebra 1 and Geometry

***Geometry may be taken as a corequisite with teacher approval.**

Trigonometry (0.5 credit)

Designed for students who have a two-year background in algebra, along with coordinate geometry, this course provides intensive study of trigonometric functions, fundamental identities, trigonometric equations, inverse trigonometric functions, and applications including vectors, trigonometric and polar forms of complex numbers. Emphasis is placed on relationships to scientific phenomena and the integration of appropriate technology (e.g., graphing calculators and computer applications).

Prerequisite- Algebra 2

Precalculus (0.5 credit)

This course extends the study of elementary functions and its the second semester of Trigonometry. Graphs and properties of algebraic functions, transcendental functions, and the conics are studied. Graphing with polar coordinates is included. Additional emphasis is placed on integration of appropriate technology (e.g., graphing calculators and computer applications).

Prerequisites- Algebra 2 & Trigonometry (1st semester corequisite)

Mathematics Courses

AP Statistics (1.0 credit)

This course will introduce students to major concepts and tools for collecting, analyzing, and drawing conclusions from data. Students are exposed to four broad conceptual themes: exploring data, planning a study, anticipating patterns, and making statistical inferences. This course should follow recommended course syllabi provided through the Advanced Placement program of the College Board.

Prerequisite- Algebra 2

AP Calculus(1.0 credit)

The Advanced Placement (AP) Calculus course has two alternative designs: Calculus AB and Calculus BC. Calculus AB includes elementary functions and assumes that students have strong backgrounds in algebra, geometry, trigonometry, and analytic geometry. Calculus BC addresses all of the topics contained in Calculus AB, as well as other topics such as infinite series. Both designs should be implemented using the recommended course syllabi provided through the Advanced Placement program of the College Board.

Prerequisite- Trigonometry/Precalculus

Introduction to College Math (1.0 credit)

This course prepares students for non-STEM college math and includes topics from Algebra, Functions, Geometry, and Statistics with emphasis on mathematical modeling and quantitative reasoning. Students will apply mathematical understanding in real-world problems. This course is classified as a Basic Elective and fulfills one of the 3 mathematics credits required for the high school diploma. It is NOT a graduation requirement and does NOT provide college credit but WILL fulfill the 4th year math credit for Honors designation.

Open to Seniors ONLY

Early College Courses

MATH 100 (1.0 HS credit; 3.0 college credits) (Semester Course)

Survey of Mathematics

Designed to acquaint non-science majors with mathematical reasoning and problem solving, and to expose students to the power and utility of mathematics through its relationship to the world. Foundation topics covered are problem solving, elementary logic, and numeration systems; additional topics may include one or more of the following areas: algebra, business math, counting theory, geometry, probability, statistics, and voting methods. Proofs and historical perspectives are included as appropriate.

Open to Juniors & Seniors ONLY

Science Courses

Integrated Science - Grade 9 (1.0 credit)

This course allows schools to create a high school science survey course to meet the needs of students and programs in that school. Schools should use this option to design a course that integrates NGSS performance expectations in life, physical, earth/space science, and engineering in a manner that is not specified in other course numbers/descriptions. Students use practices, crosscutting concepts, and core ideas to make sense of natural phenomena and solve engineering problems in life, physical, and/or earth/space sciences.

Biology - Grade 10 (1.0 credit)

Biology 1 is a foundational high school course to develop understanding of structure and function; inheritance and variation of traits; matter and energy in organisms and ecosystems; independent relationships in ecosystems; natural selection and evolution; and engineering design in biological systems. Emphasis is on the application of practices, crosscutting concepts, and core ideas to understand natural phenomena and solve problems using concepts of engineering. Students are to meet all NGSS performance expectations for this course: <http://bit.ly/SLH2003>

Human Physiology (1.0 credit)

Human Physiology is considered a second year biology laboratory course with an in-depth focus and study of the anatomy and functions of the human organism and its parts. Students are provided with extended opportunities to study issues, topics, and themes relevant to human physiology. Emphasis is on using scientific inquiry and analysis of the relationships between science, technology, and society to cover concepts of systems such as blood, circulation, respiration, nutrition, digestion, metabolism, muscular system, nervous system, and reproduction are studied in terms of interaction of the functions and their contribution to the maintenance of a proper condition of the body's internal environment. Students are to meet all relevant benchmarks in Biological Science (B.S.) Content Standards 1-5.

Environmental Science (1.0 credit)

Environmental Science is a high school survey course that integrates major topics in earth and life sciences. Students use practices, crosscutting concepts, and core ideas to make sense of natural phenomena and solve problems in the areas of earth's systems' weather and climate; human sustainability; matter and energy in organisms and ecosystems; interdependent relationships in ecosystems; and engineering in earth systems. Students are to meet all NGSS performance expectations for this course: <http://bit.ly/SIH3603>

Science Courses

Chemistry (1.0 credit)

Chemistry is a foundational high school course to develop conceptual understanding of structure and properties of matter; chemical reactions; energy in chemical systems; waves and electromagnetic radiation; and engineering in chemical systems. Emphasis is on the application of practices, crosscutting concepts, and core ideas to understand natural phenomena and solve problems using concepts of engineering. This course may require students to use algebraic thinking and analysis, apply functions, and use computational tools for statistical analysis; schools should determine the need for pre- or co-requisites based on school context. Students are to meet all NGSS performance expectations for this course: <http://bit.ly/SPH3503>

Physics (1.0 credit)

Physics is an introduction to Newtonian physics through developing conceptual understanding of motion and stability; forces and interactions; energy in physical systems; waves; electromagnetic radiation; and engineering in physical systems. Emphasis is on the application of practices, crosscutting concepts, and core ideas to understand natural phenomena and solve problems using concepts of engineering. This course will require students to use algebraic thinking and analysis, apply functions, and use computational tools for statistical analysis.

Prerequisite- Algebra 2

Zoology (1.0 credit)

Zoology is a year laboratory course that provides an in-depth study of animals, their structures, functions, and interactions within their environment, and genetics and evolution of animals. Emphasis is on laboratory investigations utilizing invertebrates and local fauna. Students investigate the impact of invertebrates and technology on humans (i.e. parasites affecting quality of life for humans and domestic animals.) Students are provided with extended opportunities to study issues, topics, and themes in greater depth. Students are to meet all relevant benchmarks in Biological Science (B.S.) Content Standards 1-5.

Early College Courses

BIOL 100 (1.0 HS credit; 3.0 college credits) (Semester Course)

Human Biology

Basic biology of cells, tissues, and organ systems applied to humans.

Open to Juniors & Seniors ONLY

World Language Courses

Hawaiian 1 (1.0 credit)

The courses listed above serve as the introductory portion of Level 1 of all European, Pacific and Hawaiian language courses. These courses are designed for the beginning language learner or those who have had very limited exposure to language in elementary and intermediate/middle schools. Students begin the study of the target language and its culture by developing a basic repertoire of learned material needed to comprehend and respond to simple social situations of a daily and recurring nature. Emphasis is placed upon development of basic listening, speaking, reading, and writing skills.

Hawaiian 2 (1.0 credit)

The courses listed above begin Level 2 of all European, Pacific and Hawaiian language courses. Students enrolled in these courses have either successfully completed the Level 1 courses at the high school or middle school or have placed out of Level 1 due to previous language study and language learning experiences. The first semester serves as a transition in which students reinforce and draw upon earlier study and continue the development of their listening, speaking, reading, and writing proficiencies so that they can engage in simple conversations and handle routine situations. Simple reading and listening selections and cultural topics help students to recognize aspects of daily life in other cultures and develop insight into other cultural perspectives.

Pre-Req.: Hawaiian 1 or HAW 101/102

Spanish 1 (1.0 credit)

The courses listed above serve as the introductory portion of Level 1 of all European, Pacific and Hawaiian language courses. These courses are designed for the beginning language learner or those who have had very limited exposure to language in elementary and intermediate/middle schools. Students begin the study of the target language and its culture by developing a basic repertoire of learned material needed to comprehend and respond to simple social situations of a daily and recurring nature. Emphasis is placed upon development of basic listening, speaking, reading, and writing skills.

Spanish 2 (1.0 credit)

The courses listed above begin Level 2 of all European, Pacific and Hawaiian language courses. Students enrolled in these courses have either successfully completed the Level 1 courses at the high school or middle school or have placed out of Level 1 due to previous language study and language learning experiences. The first semester serves as a transition in which students reinforce and draw upon earlier study and continue the development of their listening, speaking, reading, and writing proficiencies so that they can engage in simple conversations and handle routine situations. Simple reading and listening selections and cultural topics help students to recognize aspects of daily life in other cultures and develop insight into other cultural perspectives.

Pre-Req.: Spanish 1

World Language Courses

Early College Courses

HAW 101 (1.0 HS credit; 3.0 college credits) (Semester Course)

Elementary Hawai'i Language

Study of basic structures of Leo Hawai'i or Hawai'i Language. Emphasis on listening, speaking, reading, and writing skills within a Hawai'i cultural context

Open to Sophomores, Juniors & Seniors ONLY

HAW 102 (1.0 HS credit; 3.0 college credits) (Semester Course)

Elementary Hawai'i Language II

Continuation of the study of basic structure of Leo Hawai'i or Hawai'i Language. Emphasis on listening, speaking, reading, and writing skills within a Hawai'i cultural context.

Open to Sophomores, Juniors & Seniors ONLY

Fine Arts Courses

Chorus (1.0 credit)

Chorus 1 is designed for students to develop performance skills, knowledge, and understanding of vocal music. Musical arrangements from a variety of styles and periods are sung in unison and two-part harmony. Solo and ensemble singing are performed.

Piano 1 (1.0 credit)

This is an introductory course designed to provide students with the opportunity to develop skills in piano playing. Students will be involved with performing, listening to, and evaluating piano music.

Piano 2 (1.0 credit)

This intermediate course is a continuation of the Piano 1 course and is designed to provide students with the opportunity to further develop skills in piano playing. The course places greater emphasis on basic music theory and its application through performance. Students will be involved with performing, listening to, and evaluating piano music.

Pre-Req.: Piano 1

Ceramics I (1.0 credit)

This is an introductory course that introduces clay as a universal medium of expression. Functional and non-functional pieces from diverse cultures are introduced and analyzed. Hand building techniques involving pinch, coil, slab, and free form modeling are covered. Glazes, glazing techniques, and other methods of surface decoration are explored.

Ceramics 2 (1.0 credit)

This intermediate course offers students opportunities to refine methods in clay hand-building techniques, glazing, and surface decoration. Ceramic pieces from various world cultures are introduced and analyzed.

Pre-Req.: Ceramics 1

Design 1 (1.0 credit)

This is an introductory course to study design and the relationships of visual elements. The principles affecting visual expression are further explored. Students apply principles to solve visual problems.

Drawing & Painting (1.0 credit)

This is an introduction to drawing and painting in the secondary school. Experiences include experimentation in dry media such as pencil, pastels, and conte crayon, and wet media such as ink watercolor, tempera, acrylics, and mixed media. Drawing and painting skills are refined to support personal interpretations and development of artistic style. Drawings and paintings of various cultures are introduced, aesthetically scanned, and further explored as investigative research.

Required Elective Courses

Physical Education Lifetime Fitness - Grade 9 (0.5 credit)

By successfully completing this course, students will meet benchmarks for the Physical Education Hawaii Content and Performance Standards III. This standards-based course is designed to build on intermediate or middle school Physical Education course experiences. The intent of this course is to integrate physical activity and personal fitness by exposing students to the wide range of physical activity resources available in their school and community. Students will self-assess their personal fitness level, document their physical activity and develop a Four-year personal fitness plan, which will project the student's personal fitness activity through grade twelve. The content of this course should empower learners to actualize a vision of themselves as competent movers with the skills, knowledge, and desire to become life-long participants in physical activities. All classes include general conditioning principles and concepts as well as activity specific conditioning principles and concepts. Classes, when appropriate, will utilize technology.

Physical Education Lifetime Activities - Grade 9 (0.5 credit)

By successfully completing this course, students will meet benchmarks for the Physical Education Hawaii Content and Performance Standards III. This course develops and strengthens physical movement forms, concepts, principles, and skills through participation in a variety of physical fitness experiences, including target, net, field, invasion, and aquatic sports and games. Students will assess personal levels of physical fitness that reinforce these physical activities in their daily lives. Students should develop and apply a variety of locomotor and non-locomotor movement skills throughout the course to a range of modified games and lead-up activities. The content of this course should empower learners to actualize a vision of themselves as competent movers with the skills, knowledge, and desire to become life-long participants in physical activities. Key features of this course: a revisit and application of the students' four year personal fitness plan, acquisition and application of skills, understanding of rules and strategies, importance of fair play, and the transfer of skills into lifetime activity situations.

Health Today & Tomorrow - Grade 9 or 11 (0.5 credit)

This standards-based course is required of all students in grades 9 or 10. Students in this required course develop and practice skills that will promote and protect the health of self and others. Students engage in in-depth discussion and exploration of current issues and health trends for adolescents. Content (topic) areas can include but are not limited to: Promote Mental and Emotional Health, Promote Healthy Eating and Physical Activity, Promote Personal Health and Wellness, Promote Safety and Prevent Unintentional Injury and Violence, Promote Tobacco-Free Life Styles, Promote Alcohol and other Drug-Free Life Style, and Promote Sexual Health and Responsibility. Emphasis will be placed on the application of standards-based health knowledge and skills in making healthy personal choices, and in advocating for the health of others.

General Elective Courses

Introduction to Computer Science (1.0 credit)

The Introduction to Computer Science course is a first year computer science course which gives students the opportunity to explore several important topics of computing using their own ideas and creativity to develop an interest in computer science that will foster further endeavors in the field. Students will learn block and syntax based coding using Scratch and Swift Playgrounds.

AP Computer Science A (1.0 credit)

Counts as 4th Math Credit for Honors Recognition

This course prepares high school students for the Advanced Placement (AP) Computer Science A Examination and is aimed at helping students develop the ability to design and implement computer-based solutions to problems in several application areas; design and select appropriate algorithms and data structures to solve problems; code fluently in a well-structured fashion using an accepted high-level language, e.g., Java; and to identify the major components of a computer system (hardware and software), their relationship to one another, and the roles of these components within the system. Students recognize the ethical and social implications of computer use. AP Computer Science A meets the requirements as set forth in the Advanced Placement Computer Science Program course description and is designed to give students the necessary information and skills to program in Java.

Pre-Req.: AP Computer Science Principles

***Ap CSP Teacher Recommendation Required**

AP Computer Science Principles (1.0 credit)

Counts as 4th Math Credit for Honors Recognition

The AP Computer Science Principles course is designed to be equivalent to a first-semester introductory college computer science course. Students will learn to program using Scratch and Python while investigating the following topics: -computational thinking practices (connecting computing, creating computational artifacts, abstracting, analyzing problems and artifacts, communicating, collaborating) -seven big ideas (creativity, abstraction, data and information, algorithms, programming, the internet, global impact)

Pre-Req.: Intro to Computer Science

***Current 2021-2022 Sophomores and Juniors can register without the prerequisite intro course for the 2022-2023 school year only.**

General Elective Courses

Baking / Pastry Arts(1.0 credit)

This is a beginning level course designed to introduce students to the basic principles of baking. The course would expose the students to a wide range of baking and pastry arts material. Labs will cover yeast doughs, quick breads, cookies, pies, pastries and dessert sauces.

Pre-Req.: Culinary I

Body Conditioning A/B (0.5 credit each)

This standards-based course is designed for students to strengthen physical movement forms, concepts, principles, and skills through participation in a variety of training and conditioning exercises. Throughout this course, students will build on a wide range of movement forms. Instruction will reintroduce and apply these movement forms in combinations to complete basic fitness routines and activities. The activities may include, but are not limited to: resistance training, aerobic and anaerobic activities, and other activities that contribute to improved cardiorespiratory endurance, muscular strength and endurance, body composition, and flexibility. In addition, related concepts are introduced that may include: rest and recovery; warm up and cool down; Frequency, Intensity, Time, and Type (FITT) principle; and injury awareness. The development of individual student goals for life-long physical activity and an understanding of the connections between physical activity and the physiological benefits of exercise and healthy living will occur as a result of this course. Key features of this course: introduce, reintroduce, and apply a wide range of movement forms to fitness routines and activities; improve cardiorespiratory endurance, muscular strength and endurance, body composition, and flexibility; and introduce concepts

College Prep Skills - Grade 12 (1.0 credit)

This course is designed to assist students with college preparatory course work with emphasis on analytical writing, preparation for college entrance and placement exams, study skills and test taking, note taking and research.

Requirement: Serious intention to attend college, trade school, or military

Financial Literacy - Grade (0.5 credit) (Semester)

This course is designed to help students develop the capacity for financial literacy by describing, analyzing, and evaluating many financial topics that most students will directly experience. Financial literacy, or financial capability is the capacity, based on knowledge, skills and access, to manage financial resources effectively. The course aims to develop this capacity, to have appropriate access to and understanding of financial products, services, and concepts, so as to empower individuals to make informed choices, avoid pitfalls, know where to go for help, and take actions to improve their present and long-term financial well-being.

Open to Juniors (students will take health one semester & personal finance the other semester)

General Elective Courses

Leadership Training: CTE Ambassadors - Grade 10 (1.0 credit)

This is a multidisciplinary course designed to help students develop communication, group process, and facilitative leadership skills and knowledge of parliamentary procedure. Student leaders develop and apply techniques of leading, planning, organizing, conducting, and evaluating, including problem solving and critical thinking. Activities include participating in and conducting effective meetings, setting individual and group goals, recognizing and producing quality products and performance, cooperative planning and learning, sharing responsibilities, taking positive action, and working with people from diverse backgrounds. Emphasis is on authentic learning with student participation and involvement with real school and student concerns as a means of understanding levels of organization, levels of authority, and communication and management techniques. Application of leadership is taught as a function that can be performed by any member of a group or shared by several at one time. This course may be repeated for elective credit.

Transition to High School- Grade 9 (0.5 credit)

This course is designed to assist 9th grade students' transition into the high school setting. It develops study habits, employability skills, self-image and basics skills of reading, writing, computer literacy and the general learner outcomes. The course guides students in the establishing of a student portfolio designed to highlight the student's accomplishments throughout their high school career.

Work-Based Learning: Construction Projects (0.5 credit, Semester)

Students will complete building and construction projects for the Kohala Complex Schools. This may include, but is not limited to: signage, tables, benches, etc.

Pre-Req.: R & C Construction 1

General Elective Courses

School Service (Non Credit, Semester)

The objective of this course is to provide service to the school in the library, office, health room, lunch room, and/or classroom, as well as tutorial and multi-media services. Under the supervision of an adult, students participate in servicing other students and the school. This may include keeping school files; cataloging and shelving books; learning to use the computer and multi-media equipment; assisting teachers, office staff, cafeteria personnel, and/or health aide; and tutoring other students.

This is a zero-credit course.

Work-Based Learning: Teacher's Aide (0.5 credit)

Work-Based Learning courses provide students with work experience in an existing occupation or career that is related to the student's program of study. The work experience can be paid or unpaid and may occur during school hours. Every student participant must have a training agreement that identifies the expectations for the school site coordinator (teacher), employer (mentor), student, and parent. The agreement must be signed by all parties. A training plan must also be developed that identifies the learning expectations, assessment practices and method of communication to be used by all parties involved.

Requirement: Must receive approval from teacher

General Elective Courses

Reading Workshop (0.5 credit)

Reading is experienced as a meaning-making process. Development is influenced by experience, maturity, and engagement with more demanding text. Processing of text includes assimilation of new ideas, articulation of changes in knowledge, evaluation of ideas, generation of new questions that motivate further reading, and the integration of new knowledge into experience. Reading experiences help students develop the behaviors of efficient readers, e.g., setting purpose, skimming, making and confirming predictions, relating new information to personal experience, relating ideas and identifying patterns, summarizing, and creating mental images.

Strategic Reading (0.5 credit)

In this course, students develop as strategic readers who are conscious of their thinking and comprehension and deliberately use different strategies to construct meaning or adjust strategies when comprehension breaks down. Students are aware of what they are reading as well as how they are reading.

Writing Workshop (0.5 credit)

This course is geared towards students who have an interest in creative writing and would like to further develop their writing skills into publishable quality work. The workshopping process, a system of receiving informed, constructive feedback from multiple sources, aims to help students become self-directed writers, who demonstrate control, flexibility, and ownership of their writing process and ideas. Students are encouraged to think outside the box and explore different styles of writing for a variety of audiences.

Yearbook (1.0 credit)

Help Kohala HS capture memories for generations to come with this course responsible for envisioning and creating Kohala High School's yearbook. Students will use technology to shoot digital photographs, write and design layouts with software. Teamwork, responsibility and soft skills will be used daily with hands on activities. (No experience required, all skills will be built in class, but interest is a must.)

General Elective Courses

Early College Courses

AEC 112 (1.0 HS credit; 3.0 college credits) (Semester Course)

Computer Aided Drafting

Introduction to AutoCAD's basic drawing commands including features, functions, and operations. Students will also learn how to create blocks, external references, and how to utilize paper and model space layouts.

Open to Sophomores, Juniors & Seniors ONLY

ENG 102 (1.0 HS credit; 3.0 college credits) (Summer Course)

College Reading Skills

Emphasis on reading college-level materials, including improvement in the following areas: study skills, college vocabulary, flexible and strategic reading skills, comprehension and critical reading of fiction and non-fiction, and library research.

Open to Juniors & Seniors ONLY

SSci 111 (1.0 HS credit; 3.0 college credits) (Semester Course)

Food, Water, Energy, Technology: Then and Now

Humanity's existence in a changing society brought about by rapid technological advancements. Trends, current issues, and future global alternatives for man's survival.

Open to Sophomores, Juniors & Seniors ONLY

SP 151 (1.0 HS credit; 3.0 college credits) (Semester Course)

Personal and Public Speech

Principles, theories and practices in one-to-one, small group, and one-to-many communication situations through participation in structured activities.

Open to Sophomores, Juniors & Seniors ONLY

CTE Courses

Business Pathway

Foundations of Business & Marketing (1.0 credit)

Foundations of Business & Marketing is an introductory course designed to inform students about careers in various sectors of business, as well as basic business concepts. Upon completion of the course, a proficient student will have foundational knowledge of business and business-related occupations and concepts, including management, finance, marketing, and entrepreneurship and how each intertwines. As part of a student's program of study progression, the student will create a digital program of study portfolio, providing evidence of mastery of course standards and readiness to advance and complete the program of study.

Entrepreneurship 1 (1.0 credit)

Entrepreneurship 1 is the second course in the Entrepreneurship program of study designed to inform students about careers related to starting and running a business. Students prepare for the business world by examining basic principles in management, finance, and marketing as they apply to entrepreneurship. Upon completion of the course, a proficient student will be able to describe the foundations of small business operations and how entrepreneurship intertwines to create the fabric of the labor market.

Entrepreneurship 2 (1.0 credit)

Entrepreneurship 2 is the third course in the Entrepreneurship program of study designed to prepare for the world of small business by combining principles in operations, finance and accounting, marketing, and ethical practices. Upon completion of the course, a proficient student will be able to begin an internship with a small business owner or entrepreneurship incubator or lay the foundation for creating a small business using the ideas and proposal elements created in this course.

Pre-Req.: Entrepreneurship 1

Entrepreneurship Work-Based Learning (1.0 credit)

Entrepreneurship: WBL is the capstone course in the Entrepreneurship program of study. It is intended to provide a work-based learning experience for students to develop further understanding of professional and ethical issues, utilize employability skills, and demonstrate mastery of academic and technical skills learned throughout this program of study. The work-based learning experience provides opportunities to apply and practice the knowledge and skills learned in previous courses and gives students hands-on practical experiences related to aspects of entrepreneurship and fields of business. Upon completion of the course, a proficient student will be able to discern multiple pathways to becoming an entrepreneur and owning a small business, necessary steps toward applying for a postsecondary program, and reflect on program goals and aspirations. Instruction will be delivered through the classroom environment in conjunction with a work-based learning placement, such as an internship. The student will finalize a digital course portfolio providing evidence of mastery of program standards and readiness for postsecondary and the workforce.

CTE Courses

Construction Pathway

Foundations of Construction (1.0 credit)

Foundations of Construction is an introductory course designed to inform students about careers in building and construction. Upon completion of this course, a proficient student will be able to describe various construction occupations and outline the steps necessary to advance in specific construction careers. Students will be able to employ tools safely, explain building systems and materials, and interpret basic construction drawings to complete projects, demonstrating proper measurement and application of mathematical concepts. As part of a student's program of study progression, the student will create a digital program of study portfolio, providing evidence of mastery of course standards and readiness to advance and complete the program of study.

Residential & Commercial Construction 1 (1.0 credit)

Residential & Commercial Construction 1 is the second course in the Residential & Commercial Construction program of study intended to have students develop an understanding of the different phases of a construction project from start to finish. Upon completion of this course, a proficient student will be able to demonstrate knowledge and skills in the early phases of building construction, including site layout, concrete and floor to ceiling systems. Proficient students will be able to frame walls, ceilings, and floors of a structure, while safely employing tools and interpreting construction drawings to complete projects.

Residential & Commercial Construction 2 (1.0 credit)

Residential & Commercial Construction 2 is the third course in the Residential & Commercial Construction program of study designed to allow students to develop an understanding of the different phases of a construction project from start to finish. Upon completion of this course, a proficient student will be able to demonstrate knowledge and skill in the later phases of building construction including roofing systems, exterior finishing, stair framing systems, masonry systems, and MEP systems. Students will be able to perform masonry work, frame roofs, install shingles on roofs, apply exterior finishes, and build and install stairs while safely employing tools and interpreting construction drawings to complete projects.

Pre-Req.: R & C Construction 1

Residential & Commercial Construction Work-Based Learning (1.0 credit)

This course is intended to provide a work-based learning experience for students to develop further understanding of professional and ethical issues, utilize employability skills, and demonstrate mastery of academic and technical skills learned through the program of study. The work-based learning experience provides opportunities to apply and practice the knowledge and skills learned in previous courses and gives students hands-on practical experiences related to professions in construction and construction management. Upon completion of the course, a proficient student will be able to discern multiple pathways to a career in construction, necessary steps toward applying for a postsecondary credentialed program, necessary steps toward applying for a job, and reflect on program goals and aspirations. Instruction will be delivered through the classroom environment in conjunction with a work-based learning placement, such as an internship or apprenticeship. The student will finalize a digital course portfolio providing evidence of mastery of program standards and readiness for postsecondary and the workforce.

CTE Courses

Law Pathway

Foundations of Law & Public Safety (1.0 credit)

Foundations of Law and Public Safety is an introductory course designed to inform students about careers in law enforcement, legal, and correctional systems. Upon completion of the course, a proficient student will have foundational knowledge of local, state, and federal laws, concepts of criminal behavior and prevention, the judicial process and an understanding of key roles and responsibilities for occupations in Law Enforcement Services and law. As part of a student's program of study progression, the student will create a digital program of study portfolio, providing evidence of mastery of course standards and readiness to advance and complete the program of study.

Law Enforcement Services 1 (1.0 credit)

Law Enforcement Services 1 is the second course in the Law Enforcement Services program of study designed to inform students about careers in law enforcement, legal, and correctional systems. Upon completion of the course, a proficient student will be able to explain police procedures, sentencing protocols, communication strategies, and professionalism in law enforcement.

Law Enforcement Services 2 (1.0 credit)

Law Enforcement Services 2 is the third course in the Law Enforcement Services program of study designed to equip students with the knowledge and skills to be successful in the sciences of criminal forensics and investigations. Students will learn crime scene investigation skills, aspects of criminal behavior, and applications of scientific inquiry to solve crimes. Upon completion of the course, a proficient student will be able to explain the foundations of forensic science and criminology, summarize the laws that govern forensic science, and explain the trajectory of forensic science in the modern legal system.

Pre-Req.: Law 1

Law Enforcement Services Work-Based Learning (1.0 credit)

Law Enforcement Services Work-Based Learning is the capstone course in the Law Enforcement Services program of study. It is intended to provide a practicum experience for students to develop further understanding of professional and ethical issues, utilize employability skills, and demonstrate mastery of academic and technical skills learned through the program of study. The practicum experience provides opportunities to apply and practice the knowledge and skills learned in previous courses and gives students hands-on practical experiences related to aspects of the criminal justice system and field of occupation. Upon completion of the course, a proficient student will be able to discern multiple pathways to a career in the criminal justice system, necessary steps toward applying for a postsecondary program or training (Academy), necessary steps toward applying for a job, and reflect on program goals and aspirations. Instruction will be delivered through the classroom environment in conjunction with a work-based learning Preparation placement, such as an internship. The student will finalize a digital course portfolio providing evidence of mastery of program standards and readiness for postsecondary and the workforce.

CTE Courses

Natural Resources & Culinary Pathway

Foundations of Ag, Food & Natural Resources (1.0 credit)

Foundations of Agriculture, Food, & Natural Resources is an introductory course designed to inform students about careers in agriculture and understand the important role that agriculture plays in the twenty-first century. This Level I course serves as the foundation course for the Animal Systems, Food Systems, Natural Resources Business, and Natural Resources Management programs of study. Upon completion of the course, a proficient student will have foundational knowledge of various agriculture-related career fields, ecosystems, plant systems, animal systems, and the reproduction systems of plants and animals.

Food Productions & Process Systems 1 (1.0 credit)

Food Products & Processing Systems 1 is the third course in the Food Systems program of study designed for students interested in being part of the sustainability of Hawaii's food systems through plant and/or animal products. Upon completion of this course, a proficient student will have basic knowledge of the history of agriculture and food production and processing in Hawaii, the process of creating a sustainable product, start-up process to creating a business, and the importance of food safety and sanitation. As part of a student's program of study progression, the student will create a digital program of study portfolio, providing evidence of mastery of course standards and readiness to advance and complete the program of study. Items intended for the program of study portfolio are denoted with an asterisk

Food Productions & Process Systems 2 (1.0 credit)

Food Products & Processing Systems 2 is the fourth course in the Food Systems program of study designed to have students develop a project based in food production and sustainability. Students will utilize research, tools, and equipment in varying degrees of complexity. Upon completion of the course, a proficient student will have researched, grown or raised, and harvested and distributed a food product in support of the sustainability of Hawaii and presented research to local professionals in the field.

Pre-Req.: Food Production & Process Systems 1

CTE Courses

Natural Resources & Culinary Pathway

Culinary 1 (1.0 credit)

This course provides an introduction and orientation to a series of related occupations in the food industry and the qualifications of a successful food service worker. The knowledge, skills, work attitudes, and habits developed will

enable students to understand basic principles of quantity food preparation, safety and sanitation, use and care of equipment, and food service organization. This course provides practical work experiences in the classroom and laboratory

Culinary 2 (1.0 credit)

This Level 2 course is designed to qualify an individual for entry-level positions in the food industry. Classroom and laboratory experiences place an emphasis on quantity food preparation and service, sanitation, safety, selection and purchasing of food and supplies, storeroom control, management and care of supplies and equipment

Pre-Req.: Culinary 1

Food Systems Work-Based Learning (1.0 credit)

WBL is the capstone course in the Food Systems program of study. It is intended to provide a work-based learning experience for students to develop further understanding of professional and ethical issues, utilize employability skills, and demonstrate mastery of academic and technical skills learned through the program of study. The work-based learning experience provides opportunities to apply and practice the knowledge and skills learned in previous courses and gives students hands-on practical experiences related to professions in food systems. Upon completion of the course, a proficient student will be able to discern multiple pathways to a career in food systems, necessary steps toward applying for a postsecondary credentialed program, necessary steps toward applying for a job, and reflect on program goals and aspirations.

Instruction will be delivered through the classroom environment in conjunction with a work-based learning placement, such as an internship. The student will finalize a digital course portfolio providing evidence of mastery of program standards and readiness for postsecondary and the workforce. Items suggested for the portfolio are denoted with an asterisk.

Resource (Semester 1)

Academy Student Ambassadors (for 11th & 12th Ambassadors)

Mandatory for all 11th & 12th grade Academy Student Ambassadors to plan activities, events and tours for our Academy of Sustainability.

Backyard Games

Play all your backyard games: cornhole, podagee horseshoes, human-size jenga, etc.

Business Club (for Business Pathway students)

Business Club students get hands-on experience in running a Kohala High Merchandise / Printing Store. Students are in charge of all operations of the business including accounting, marketing, managing, etc. Students will also get to design and create KHS t-shirts, hats, stickers, etc. to sell to the community. This club is also part of the nationally recognized DECA organization.

Card/Board Games

Battleship, Connect 4, Sorry!, Bubble Talk, Apples to Apples, Clue, Trouble, Chess, Boggle, Hedbanz, Blurt, Life, Sequence, Monopoly, Candy Land, and the list goes on. Come play and laugh with us in a relaxed atmosphere where PHONES are forbidden.

Chinese Culture Appreciation

Join us on an adventure of Chinese Culture (food, art, tradition) and language (basic Cantonese and Mandarin)! *you DON'T need to be Chinese!*

Darts 101

Learn How to throw a dart, the rules of darts, and more about darts!

DIY Scrapbook Ideas & Inspiration

Create your ideas and assemble your own pages of memories or personal keepsake.

Five Star Movie Club

Watch and discuss relevant movies!

Friendship Bracelet Making

Knotting embroidery floss to make a variety of bracelets.

Future Farmer of Agriculture (for FFA Club Students)

For all members of Future Farmers of America. Club activities such as meetings, farm projects, and festivities will take place during this time. If you are interested in joining FFA please see Ms. Meggs, Uncle TJ, or Mr. Snelling first.

Intramural Sports

Students will form mixed grade level teams and participate in a variety of sports (all skill levels welcomed).

Resource (Semester 1)

Leadership (for STUCO & Class Officers)

Mandatory for all STUCO & Class Officers to plan activities for Kohala High School's student body.

Line Dancing

Are you lookin' for a toe-tappin', leg-slappin', honky-tonk good time? Then this line dancing resource is the place for you! We will be learning different line dances to different songs. "But Mrs., what if I hate country?" Well, guess what? Line dancing is not limited to country! We will be using different genres of music to line dance! Come and join the fun

Mindfulness Meditation

Students will learn about the practice of mindfulness and mindfulness meditation.

Morning Pages Journaling from the book *Artists Way*

Guided prompts for personal Journaling to open up creativity and release subconscious blocks.

Practical Music Theory for Guitar (Intermediate / Advanced)

Use scales to construct chords and compose/arrange your own songs on guitar. Students should have at least basic knowledge of major and minor chord shapes and bring their own guitar (or `ukulele) to every session.

Recycled Art

Through this course we will bring recycled and natural materials to life through painting, drawing, sculpture and jewelry design! We will explore a variety of art mediums and music for extra inspiration. Bring your creativity and good vibes!

Textile Design

Weaving, dyeing, and macrame (knot tying)

Ukulele for Everyone

Come and learn the basics of Ukulele. Already play the ukulele? Then come and jam anyways

Uplifting Movie Club

Movie club will focus on watching and discussing films that show how people have turned challenges into success. Need some positivity and hope in your life? Want to see really good films you haven't seen? Need a break from the day-to-day grind? Student voice and choice will be considered if you have movies you think we should all see.

Yoga

Easy stretching and relaxing fitness routines.